



ST TAMMANY PARISH PUBLIC SCHOOLS
LUNCH MENUS FOR BAYOU LACOMBE MIDDLE
SEPTEMBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 LABOR DAY SCHOOL CLOSED	8 Fish Patti Sandwiches Chilled Applesauce Cups Garden Green Salad Tomatoes Lettuce Green Bean French Fries Vegetarian Option: Yogurt w/ Cheese stick	9 Pork Chops Chilled Grapes Mashed Potatoes Gravy Roll Vegetarian Option: Yogurt w/ Cheese stick	10 QUESADILLAS Frozen Fruit Cups Garden Green Salad /Salsa Tomatoes Fiesta Beans Vegetarian Option: Yogurt w/ Cheese stick	11 Hot Pepperoni Pizza Bananas Broccoli Florets Tasty Marinara Sauce Vegetarian Option: Yogurt w/ Cheese stick Chocolate Chip Cookies
14 Orange Chicken w/Rice Bananas Crisp Carrots Steamed Broccoli Texas Toast Vegetarian Option: Yogurt w/ Cheese stick	15 Jambalaya Chilled Oranges Garden Green Salad Green Beans Fresh Baked Rolls Vegetarian Options: Yogurt w/ Cheese stick	16 BBQ Pulled Pork Sandwiches Chilled Pineapples Fresh Crisp Carrots BBQ Baked Beans French Fries Vegetarian Option: Yogurt w/ Cheese stick	17 Roasted Chicken Bananas Garden Green Salad Seasoned Green Beans Fresh Baked Rolls Vegetarian Option: Yogurt W/ Cheese Stick	18 Hamburgers Frozen Fruit Cups Broccoli Florets Tomatoes Lettuce French Fries Vegetarian Option: Yogurt w/ Cheese stick Rice Crispy Treats
21 Delicious Chicken Tenders Chilled Peaches Garden Green Salad Green Bean Creamy Mac-N-Cheese Fresh-Baked Rolls Vegetarian Option: Yogurt w/ Cheese stick	22 Beef Tacos w/ Fixings Chilled Apples Chilled Fruit Juice Zesty Fiesta Beans School Made Cinnamon Stick Vegetarian Option: Yogurt w/ Cheese stick	23 Hamburgers Chilled Pears Broccoli Tomatoes Lettuce Baked Beans French Fries Vegetarian Option: Yogurt w/ Cheese stick	24 Fish Patti Sandwiches Frozen Fruit Cups Tomatoes Lettuce Cucumbers French Fries Vegetarian Option: Yogurt w/ Cheese stick	25 Hot Pepperoni Pizza OR Cheese Bites Bananas Broccoli Florets Tasty Marinara Sauce Vegetarian Option: Yogurt w/ Cheese stick Brownies
28 Orange Chicken w/Rice Chilled Strawberry Cups Steamed Broccoli Crisp Carrots Texas Toast Vegetarian Option: Yogurt w/ Cheese stick	29 Fettuccini Frozen Fruit Cups Zesty Cucumber Slices Green Beans Fresh Baked Breadstick Vegetarian Option: Yogurt w/ Cheese stick	30 Fish Patti Sandwiches Chilled Pineapples Garden Green Salad Tomatoes Lettuce French Fries Seasoned Green Beans Vegetarian Option: Yogurt W/ Cheese Stick		
		LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75		AVAILABLE DAILY: Low-Fat White Milk Low-Chocolate Milk Low-Strawberry Milk OPTIONAL ENTRÉE: Non-Fat Flavored Yogurt w/Mozzarella String Cheese

This institution is an equal opportunity provider. Menus are subject to change